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The  
*Greenbrier*<sup>®</sup>  
AMERICA'S RESORT

## THE GREENBRIER MINERAL SPA

### Facts

**Square Footage:** 40,000

**How Many Treatments:** 50+

**Number of Treatment Rooms:** 42

**Location:** Bath Wing of The Greenbrier

### Verbiage

The Greenbrier has been a "spa destination" since 1778, when visitors from all over the region came to "take the waters" of the curative natural springs. Today, guests still enjoy the benefits of the rich mineral waters, for which the area is famous, in the resort's 40,000 square-foot spa facility. The Greenbrier Mineral Spa contains 42 treatment rooms, relaxation pavilions, sauna and steam rooms and dedicated Greenbrier professionals committed to your rejuvenation relaxation and restoration. More than 50 unique services are offered including, signature sulphur soaks, a variety of massage options, facials, hydrotherapy treatments, body fusions, manicures, pedicures, waxing and more.



## FREQUENTLY ASKED QUESTIONS

### HOW DO I SCHEDULE AN APPOINTMENT?

We strongly recommend that The Greenbrier Mineral Spa appointments be arranged when booking your room reservations. Advance reservations may also be made by calling 888-598-8412 (inside resort: dial 7745) or via email ([spa\\_reservations@greenbrier.com](mailto:spa_reservations@greenbrier.com)). If you have a request as to the gender of your provider, please mention this at the time of reservation, as we schedule our services with the first available provider.

### SHOULD I ARRIVE EARLY TO MY APPOINTMENT?

Yes! To maximize your experience, please arrive 20 to 30 minutes prior to your first scheduled appointment. This will allow you time to relax and let your mind enter a peaceful, tranquil mode. Please understand that late arrivals will not receive an extension of scheduled treatments in order to prevent inconvenience to the next guest, and the same treatment price will apply. We recommend that you be in your robe and relaxing in the relaxation room at least 10 minutes prior to your scheduled service.

### SHOULD I BRING MY OWN ATTIRE?

Complimentary use of robe, slippers and lockers is provided for all Spa guests. Our staff is professionally trained in proper draping to ensure your modesty is never compromised.

### **THE GREENBRIER MINERAL SPA SERVICES**

The Greenbrier offers more than 50 diverse services each designed to relax, restore or rejuvenate. Below are a few of our most popular treatments.

- The Greenbrier Treatment
- Manicure & Pedicure
- MedSpa
- Golfer's Game Saver
- The Detox Kur
- Wei to Wellness
- Sweat Tea Simplicity
- Cellular Repair Facial
- Greenbrier Radiance Facial
- Mountain Hot Stone Massage
- Swedish Massage
- Rejuvenation Wrap
- Sulphur Soak
- Mineral Mountain Bath
- Junior Royalty Package

### **Links, Photos & Videos**

[www.greenbrier.com/spa](http://www.greenbrier.com/spa)